



**ZUMBA ZOOM**  
Dance Yourself Fabulous

## June

### On Demand

All these classes have the same songs, and are all 35 minutes long, but you have different ways of taking the class:

1. **Zumba Zoom**  
*Zumba class, dancing and having fun!*
2. **Zumba Hoopla 50:50**  
*A Zumba class where you waist hoop for one song, then hold the hoop and dance with it for the next song. Great for students learning to hula hoop!*
3. **Zumba Hoopla Challenge**  
*A step up for 35-minute Zumba class where you waist hoop the whole 35 minutes while dancing!*

### Live On Zoom

We do the same playlists each week for a month, then change. The Monday and Friday playlists are different – the Monday playlist is the same as the On Demand class, and the Friday playlist has slightly faster choreography! Classes are all 35 minutes long.

All times are in UK:

#### Monday 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> June

1. **Zumba Zoom 50:50 Challenge**  
4.30pm – 5.10pm  
*Waist hoop for one song, then hold the hoop and dance with it for the next song*
2. **Zumba Zoom – 5.30pm**  
*No hooping, just dancing!*

#### Friday 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> June

1. **Zumba Zoom Hoopla Challenge**  
11.30am – 12.10pm  
*Waist hoop for the whole class!*
2. **Zumba Zoom**  
12.30pm – 1.10pm  
*No hooping, just dancing!*

### **To Book Go To:**

<https://www.zumba.com/p/ZumbaZoom>

Classes are £1, but if you would rather donate on my JustGiving page you can do so at

<https://www.justgiving.com/crowdfunding/Zumba-zoom>

To book the class without paying, just type in the code ZumbZ when you are booking